

## Quality & Safety Checks

At Zita West Products we understand that the fertility journey can sometimes be an anxious and daunting time. This is why we test every batch of our products to ensure that any supplement you receive from us meets our high safety and quality standards, and you can rest assured you're getting the right support.



### Product Information

<i>Product Name</i>	Ultra Omega
<i>Batch Number</i>	B0027648
<i>Date of Manufacture</i>	03/2026
<i>Expiry Date</i>	03/2028

### Heavy Metal Analysis

	Unit	Test Ref	Acceptance Criteria	Results	Conforms?
Inorganic Arsenic	mg/Kg	(non UKAS)	<0.1	<0.068	✓
Cadmium	mg/Kg	TES-AC-686 (UKAS)	<1.0	<0.001	✓
Lead	mg/Kg	TES-AC-686 (UKAS)	<3.0	<0.005	✓
Mercury	mg/Kg	TES-AC-686 (UKAS)	<0.1	<0.005	✓

Third Party: Campden BRI

### Prerelease Testing

Test	Unit	Acceptance	Result	Conforms
Peroxide value	meq/kg	Max: 3	Not detected	✓
EPA (C20:5 n-3)	mg/capsule	40–55 (Typical: 50)	50 <sup>1</sup>	✓
DHA (C22:6 n-3)	mg/capsule	150–170 (Typical: 159)	159 <sup>1</sup>	✓
Total omega-3 <sup>1</sup>	mg/capsule	215–250 (Typical: 242)	242 <sup>1</sup>	✓
Total phospholipids	mg/capsule	140–160 (Typical: 173)	173 <sup>1</sup>	✓
– Phosphatidylcholine (PC) <sup>2</sup>	mg/capsule	120–140 (Typical: 144)	144 <sup>1</sup>	✓
– Phosphatidylinositol (PI) <sup>2</sup>	mg/capsule	Min: 4 (Typical: 5)	5 <sup>1</sup>	✓
– Phosphatidylethanolamine (PE) <sup>2</sup>	mg/capsule	Typical: 13	14 <sup>1</sup>	✓
– Sphingomyelin (SPH)	mg/capsule	Typical: 4	4 <sup>1</sup>	✓

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Test	Unit	Acceptance	Result	Conforms
Total choline <sup>3</sup>	mg/capsule	Min: 20	Compliant	✓
Total aerobic microbial count	cfu/g	Max: 10,000	<10	✓
Total yeasts and moulds count	cfu/g	Max: 100	<100	✓
Staphylococcus Aureus /1g	–	Absent	Absent	✓
E. coli /1g	–	Absent	Absent	✓
Salmonella /25g	–	Absent	Absent	✓
Dioxins and furans (PCDDs and PCDFs) <sup>3</sup>	pg WHO-TEQ/g	Max: 1.75	Compliant	✓
Dioxin like PCBs <sup>3</sup>	pg WHO-TEQ/g	Max: 3.0	Compliant	✓
Dioxins + furans + dioxin like PCBs <sup>3</sup>	pg WHO-TEQ/g	Max: 3.0	Compliant	✓
Benzo(a)pyrene <sup>3</sup>	ng/g	Max: 2.0	Compliant	✓
Sum of BaP, BaA, BbF, CHR <sup>3</sup>	ng/g	Max: 10.0	Compliant	✓
PCB 209 congeners <sup>3</sup>	mg/kg	Max: 0.09	Compliant	✓

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